



School Start Time Facts

The Arlington ISD formed a committee in the fall of 2014 to research and discuss school start times. The committee consisted of 39 individuals and included parents, students, teachers and administrators. They looked at the current school start time at all levels and the impact it has on academics, operations, family/community and extracurricular activities. The committee also looked at the start time of other high-performing school districts that have a later start time than the AISD.

After forming four subcommittees to review research and articles referencing impacts on start time, the committee as a whole decided the pros of the current school start times are:

- The current start time is already routine
- Childcare
- Junior high students are allowed extra sleep time
- High school students are mature enough to start early
- There is time for extracurricular activities after school
- High school students have time for a job after school
- Making a change wouldn't be beneficial because high school students would still go to school early for

negatively impact services to students

- Increase the shop space and the number of mechanics to work with the larger fleet
- Increase the number of fueling stations required to service larger fleet
- Increase in miles
- Academic impact on junior high students taking zero hour classes at the high schools
- Increase in administrative costs required to manage the additional drivers, attendants and routes

Other options for start times (e.g. staggering all start times, etc.) may cost significantly less but would have

considerable implications as noted prior.

At this point the district has completed the initial review of this topic and has not made adjustments to school